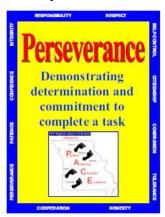


## Friday, January 08, 2021

Please see website https://www.usr2.com for online calendar and breakfast/lunch menu.

**January Character Trait:** 



## Mr. Hopper's Joke of the Day

• "What do you call a fake noodle? An impasta."

Good luck to the high school basketball teams tonight @ West Nodaway!

Per Mr. Hopper, the only drink in your water bottles should only be plain water. No soda, flavored water or sugary drinks.

## **Standard Expected Practices**

- **Students**: Once students are on the school premises in the morning they are not permitted to leave, please make sure you enter the building in a timely fashion.
- **Reminder** Please DO NOT open the door for someone at the ramp, even if you know who they are. Office personnel will take care of this responsibility.
- **Students:** Please do not bring blankets to school, they are a distraction. If you are a little cool, please wear a sweatshirt or a light jacket. Thanks for your cooperation on this. Teachers will start reporting you to the office if this becomes an issue.
- **Reminder:** Please be good citizens by helping keep our building looking nice by disposing of your trash in the proper receptacles in the hallways, classrooms, and restrooms.
- **Students:** Students are not allowed to wear headphones or earbuds unless they have specific instructions from the class teacher. They are becoming a significant distraction to the learning environment. This includes the hallways.

• **Students:** Electronic devices such as cell phones, MP3 players, I-pods, are not allowed during the school day in classes or anywhere else beside the commons during lunch. These devices should be put away ONCE you enter the school building. If cell phones or other electronic devices are visible, they will be confiscated by Mr. Hopper and students will have consequences outlined in the handbook. The school will not be responsible for lost, stolen or damaged items that are brought to school.



## Breakfast and Lunch Menu

| Mon   | Tue   | Wed  | Thu  | Fri  |
|---|---|--|--|--|
|   |   |  |  | 1  |
|   |   |  |  | 1%, Skim and Fat<br>Free Strawberry<br>and             |
|   |   |  |  | Chocolate Milk<br>Offered with<br>Every Meal           |
| 4   | 5   | 6  | 7  | 8  |
| No School<br>In-Service                                     | Breakfast: Pop tart,<br>Fruit & Juice                           | Breakfast: French<br>Toast Sticks w/ Syrup,<br>Fruit & Juice | Breakfast – Cinnamon<br>Roll, Sausage, Fruit &<br>Juice                        | Breakfast – Biscuits &<br>Gravy, Hash brown &<br>Fruit |
|   | Lunch: Taco Salad,<br>Fruit & Vegetable                         | Lunch: Pizza, Garden<br>Salad, Fruit & Cookie                | Lunch: Teriyaki<br>Chicken, Rice,<br>Fruit & Vegetable                         | Lunch: Cook's Choice                                   |
| 11  | 12  | 13   | 14   | 15   |
| Breakfast – Pancake<br>on a Stick w/Syrup,<br>Fruit & Juice | Breakfast - Apple<br>Frudel, Yogurt, Fruit &<br>Juice           | Breakfast: Waffle,<br>Sausage, Fruit & Juice                 | Breakfast - Bacon &<br>Cheese Eggstrav.<br>w/Toast, Fruit & Juice              | Breakfast – Biscuits &<br>Gravy, Hash brown &<br>Fruit |
| Lunch: Chicken<br>Sandwich, Chips, Fruit<br>& Vegetable     | Lunch: Mac & Cheese,<br>Cheez-IT Crackers,<br>Fruit & Vegetable | Lunch: Hamburger,<br>Chips, Coleslaw &<br>Fruit              | Lunch: Meatball Sub,<br>Garden Salad, Fruit &<br>Side Kick                     | Lunch: Cook's Choice                                   |
| 18  | 19  | 20   | 21   | 22   |
| No School   | Breakfast - Mini<br>Donuts, Sausage,<br>Fruit & Juice           | Breakfast – Pancake<br>w/ Syrup, Fruit & Juice               | Breakfast – Bagel<br>w/Cream Cheese,<br>Fruit & Juice                          | No School  |
|   | Lunch: Sloppy Joes,<br>French Fries, Pickle<br>Spear & Fruit    | Lunch: Pizza Bosco,<br>Fruit, Vegetable &<br>Teddy Grahams   | Lunch – Country Fried<br>Steak, Mashed<br>Potatoes, Fruit,<br>Vegetable & Roll | In-Service   |
| 25  | 26  | 27   | 28   | 29   |

| Breakfast – Early<br>Riser, Fruit & Juice               | Breakfast –Choc.<br>Muffin, Sausage, Fruit<br>& Juice     | Breakfast: Breakfast<br>Biscuit, Fruit & Juice              | Breakfast - Yogurt<br>w/Granola, Fruit &<br>Juice     | Breakfast – Biscuits &<br>Gravy, Hash brown &<br>Fruit |
|---|---|---|---|--|
| Lunch: Crispitos,<br>Potato Rounds, Fruit &<br>Goldfish | Lunch – Ham &<br>Cheese Sub<br>Sandwich, Chips<br>& Fruit | Lunch – Spaghetti,<br>Garden Salad, Garlic<br>Bread & Fruit | Lunch: Nachos<br>w/toppings, Refried<br>Beans & Fruit | Lunch: Cooks Choice                                    |